COLA'S GLUTEN FREE MENU

We have modified standard menu items where possible to accommodate those who require gluten free dining. Note: Cola's does not have a dedicated fryer for gluten free items. Depending on your level of sensitivity you may wish to avoid fried items to eliminate the risk of cross contamination.

APPETIZERS

SAUTEED SHRIMP AND RISOTTO CAKE (no flour on risotto cake) country ham gravy … $16

SHRIMP SAVANNAH cream, Pernod, mushrooms (no garlic bread) … $14

SALADS

***CLASSIC CAESAR** parmesan cheese, (no croutons), and classic Caesar dressing … $12 **Add grilled chicken … +$15**

CHOPPED SALAD mixed lettuces, cucumbers, *blue cheese, hearts of palm, bacon, grape tomatoes, red onions, red wine vinaigrette … $14

COLA SALAD iceberg, tomatoes, cucumbers, red onions, radishes, carrots, chickpea, *blue cheese vinaigrette ... $12

POACHED PEAR arugula, spiced walnuts, (no blue cheese fritter), port wine pear vinaigrette … $16

ROASTED BEET arugula, goat cheese, spiced candied walnuts, orange vinaigrette … $14

ENTREES

SPICE RUBBED CHICKEN braised greens, sweet potato with pecan butter … $27

ROASTED "BRICK" CHICKEN roasted vegetables, au jus … $27

BLACKENED MAHI AND SHRIMP roasted garlic beurre blanc, creamy polenta, sauteed vegetables … $42

GRILLED SALMON pear chutney, grits, garlic spinach … $30

SHRIMP AND GRITS creamy tasso ham gravy… $32

***8oz FILET MIGNON OF BEEF** roasted golden potatoes, vegetables … $53

***8oz COLA'S HAMBURGER** candied bacon, house made bread/butter pickles, pimento cheese, fries … $26

***Advisory: Consuming raw or undercooked foods such as meat, poultry, fish, shellfish, and eggs may increase your risk of foodborne illness**